

TASKS FOR COOKING COMPETITION

Task 1	Dessert	Day 1
Description	Prepare a dessert of your choice (min 80g – max 120g per portion)	
Mandatory products	Mystery vegetable Sour Cream 20% Pastry	
Mystery box	Mandatory use of secret product from mystery box	
Presentation	4 separate portions – 3 for judges; – 1 for the presentation	

Task 2	Poultry main dish	Day 1
Description	Prepare a poultry main course Include: – whole poultry (mystery basket : chicken/duck/quail) – 3 components – 1 warm sauce	
Mandatory products	– whole poultry (mystery basket : chicken/duck/quail)	
Mystery box	Mandatory use of secret poultry from mystery box	
Presentation	4 separate portions – 3 for judges; – 1 for the presentation	

Task 3	Hot /cold fingerfood	Day 2
Description	Prepare a 10 piece fingerfood; Include: <ul style="list-style-type: none"> - grains - mystery vegetable 	
Mandatory products	Whole grain wheat flour/wheat flour/oat flour/durum flour/quinoa/amaranth/barley groats	
Mystery box	Mandatory use of secret product from mystery box	
Presentation	6 fingerfood <ul style="list-style-type: none"> - 3 for judges; - 3 for the presentation 	

Task 4	Hot /cold starter made from fish	Day 2
Description	Prepare 4 plates consisting hot/cold starter (max 125g per portion)	
Mandatory products	Include: <ul style="list-style-type: none"> 1 sauce Fish from mystery box 2 more component 	
Mystery box	Mandatory use of secret product from mystery box	
Presentation	4 separate portions <ul style="list-style-type: none"> - 3 for judges; - 1 for the presentation 	